MONDAY		4:15-5:00	5:00-5:45	5:45-6:30	6:30-7:15	7:15-8:00	8:00-8:45
	12 pm yoga	beginner Hip hop	Intermediate Ballet	Pointe	Advanced Ballet	7:30-8:30 Advanced Contemporary- Lyrical	
					Intermediate Contemp-Lyrical		
:	 						
TUESDAY				6:00-6:45	6:45-7:30	7:30-8:30	
			5:00 teen/Sr turns & Leaps	Beginner Advanced Contemporary-Lyrical	Intermediate- Advanced Hip Hop	Adult tap- beginner- 8 week class	
				intermediate hip hop	6:45 Bikram Yoga		
WEDNESDAY				5:45-6:30	6:30-7:15	7:15-8:00	
			Beginner Advanced Ballet	ACRO- Kids	Teen Comp	Sr. Comp	
		Preschool	Beginner tap				
		Beginner Adv. Hip Hop	Beginner Hip Hop				

2025-2026 Schedule

THURSDAY		4:15-5:00	5:00-5:45	5:45-6:30	6:30-7:15	7:15-8:00	
			Mini Comp	Jr Comp	Intermediate Tap	Intermediate Advanced/Adv. Tap	
FRIDAY		4:15-5:00	5:00-5:45	5:55-6:40	6:45-7:30	7:30-8:15	8:30-9:15
SATURDAY		10:00-10:45	10:45-11:30				
	8 Am Bikram Yoga-	Preschool	Beginner Adv. Tap				
		Beginner Tap	Beginner Ballet				

Classes Subject to change. *5 participants minimum to hold a class.

Bikram Yoga Students: Bring your own mats and towels,we do not provide. No showers on property. Prior to attending silent yoga, you must of attended 5 regular Bikram Yoga classes.